

Want to Improve the Patient Experience? Stop Sending Bad Surveys

Doctor's offices, clinics, and hospitals often think they care about the patient experience because they send surveys. **But just because you send surveys does not mean you are measuring the right things in the right ways—or that you're getting to the heart of the patient experience.**



In the United States, healthcare is a \$3.5 trillion a year market and employs 1 in 8 Americans. For a market with huge impact and under tremendous scrutiny, you would expect medical organizations to take an interested, data-driven approach to measuring the patient experience (PX).

In other words, you would expect their patient surveys to be relevant, well-written, and to the point.

You would also expect doctors' offices, clinics, and hospitals to use multiple methods to gather a full range of insights about the quality of the patient experience.

From what I observe, when it comes to measuring the patient experience, good survey design is rare. And using mixed methods to uncover insights is rarer still.

Example: Kaiser Permanente Survey

Take for example a survey I received last week from [Kaiser Permanente](#), one of the largest HMOs on the West Coast. I had a very short call with a doctor to get a referral. About a day later, I received a request to take a survey.

The request and the survey instructions were hard to scan quickly, the survey had typos, and it extended to 6 pages and 20 questions. (In other words, taking the survey took more time than the referral call itself!).

A poorly designed patient survey like this negatively impacts my perception of Kaiser but more importantly it shows they don't understand patient experience research. Poorly designed surveys impact response and completion rates (sometimes resulting in biased samples). But these were not the biggest research problems with the Kaiser survey I received.

The biggest problem was that after 16 questions and a progress bar showing I was still only 75% done, Kaiser asked things they clearly knew the answer to, for instance, how long had I been a member?

KAISER PERMANENTE

TELEPHONE APPOINTMENT SURVEY

Progress 0% 100%

BACKGROUND QUESTIONS

1) How did you schedule this visit?

- Telephone
- Online
- Scheduled in the office
- Other

2) What was the MAIN REASON for this visit?

- Urgent
- Non-urgent

3) How long have you been a member of Kaiser Permanente? ←

- Less than 12 months
- 1 to 2 years
- 2 to 5 years
- 5 to 10 years
- Over 10 years

4) Please check this box if you do not wish your comments to be displayed online.

- No

Why in the world would they bother me for operations details they already have?

Why in the world would they bother me for operations details they already have? Modern companies should streamline their customer feedback and link customer information to their surveys. Ruth Brinkley, the president of Kaiser Foundation for the Northwest and Bernard J. Tyson, Kaiser's CEO, ideally would require their survey company Press Ganey to integrate operations data into their surveys. But if there is a reason to keep their surveys clear of operations data for benchmarking reasons, they would be well served to incorporate other customer experience resources.

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Kaiser is not the only medical organization that is bothering patients with bad surveys. One of my friends has stage 4 breast cancer. She told me that every time she has a test, check-up, or any kind of interaction, her highly-acclaimed oncology center in Florida bombards her with survey requests and reminders. On any number of levels, this is just plain wrong.

Patient Listening Matters

Should medical practices listen to their patients? Yes, they should and for one vital reason: the patient experience is often sub-par. Medical organizations are aware of this which is why they send so many surveys.

They know that if they were to succeed in patient listening—if they were to measure the right things in the right ways—they could steer their ship toward happier patients and families.

So, Kaiser is right for trying to listen but wrong for failing to take their survey program seriously.

Patient Satisfaction Matters

Improving patient satisfaction has potentially significant benefits. Some research even shows that patient satisfaction impacts clinical outcomes.

Glenn Morley with [BSM Consulting](#) and I often discuss patient experience. Last month she shared a study from The Journal of Patient Experience with me. The study found a significant correlation between higher patient satisfaction ratings and lower hospital re-admissions. (1)

This suggests that improving patient satisfaction isn't just a nice thing to do, or the right thing to do, it may be the healthiest thing to do too!

The State of Patient Satisfaction

Some sad facts: According to 2017 data from a national patient satisfaction survey, (2) hospitals in the USA averaged scores of:

- 70% for “Responsiveness of Staff”
- 66% for “Communication about Medicine”

Responsiveness and communication are critical to succeeding with any interaction. So when you fail in these areas you can't help but disappoint. But responsiveness and communication apply to more than the doctor's interactions with patients.

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To Satisfy, Focus Less on the Doctor, and More on *Everything Else!*

There is much more to the patient experience than the direct medical interaction. I call it the everything else. Here are just a few examples of what that everything else includes:

- Efficiency: time in the waiting room, time waiting in the exam room, and whether follow-up calls happen when promised
- The front desk's ability to answer questions about the doctor and explain what to expect from the appointment
- The support staff's ability to convey empathy and kindness
- The overall cleanliness of the facility—this includes hallways, bathrooms, and waiting areas
- The look and feel of spaces including background music, how comfortable the chairs are, whether there are reading materials in new, clean condition
- A patient's discussion with the billing office regarding fees, insurance, etc.

Here's Where Everything Else Gets Super Interesting

Kellie Gordon of [KinecticHealth](#) shared this fascinating research with me. A recent study of patient complaints, 96% are related to customer service, while only 4% are about the quality of clinical care or misdiagnoses.

In the same study of nearly 35,000 online reviews of physicians nationwide, customer service was patients' chief frustration, not physicians' medical expertise and clinical skill. (3)

When reviewing studies like this, keep in mind that patients may be loathe to criticize their doctor or nurse because they want something from them.

For instance, a patient might want to make sure their prescription is renewed without a fuss. Or, if they know they're going to see that practitioner again, they don't want to cause a rift in the relationship.

That said, frequently, more time is spent booking an appointment, sitting in the waiting room, picking up medication, and talking with support staff than is ever spent with the doctor. So, it makes sense that patients complain more about everything else than they do their doctor.



The thing about these everything else touchpoints is that they're not 'surveyable'. Many of them are felt at a subconscious level so they aren't easy things to ask about in a survey—and yet they still impact the patient experience. I often say, small things add up and small is not necessarily small.

...customer service was patients' chief frustration

How to Measure the Patient Experience

How can medical providers measure, manage, and stay on top of the patient experience?

Mystery shopping, surveys, service evaluations, wait-room observations, and “ear-to-the-ground” feedback from staff all provide medical practices with a range of perspectives and data-driven insights.

- For measuring customer service inquiries, such as setting up with a new doctor, or finding out about an elective procedure, **mystery shopping** is helpful. Most importantly, mystery shopping enables you to compare how competitors handle similar scenarios.
- For gauging how the contact center handles communication, **statistically-valid analysis** of call and email recordings is the best way to go. If AI is layered on top of the recordings, use research analysts to ensure you are measuring the most meaningful parts of the interactions.
- To determine how particular interactions are handled, short, **2-4 question surveys** are good, but use sampling techniques to make sure the same patients don't keep getting your survey requests. Another best practice is for at least one of the questions you ask to be open-ended and expansive. For example, “If you could improve <COMPANY> in one or two ways, what would you do?” Then aggregate, tag and categorize those comments and share them in weekly department reports.
- Structured observations of waiting rooms, hallways, bathrooms and other shared medical spaces are also a great way to gain insights. Use a checklist that breaks everything down into discrete elements. This prevents observations from being subjective and influenced by the observer's position, emotional state or background. A checklist might include: Are patients standing because there are not enough chairs? Was the water replenished? Did the associate look up and smile at each patient when they got to the front of the intake line?

Adding It All Up

Because the medical industry is enormous, if patient satisfaction were high, we might not only improve patient outcomes, we might raise the national optimism level as well! How will the medical industry get there?

- First, by acknowledging the importance of the patient experience—that it impacts satisfaction and satisfaction may impact health outcomes.
- Second, by treating the patient experience holistically. Sure, the interaction with the doctor matters, but everything else may matter as much, or more!
- Third, by having a truly data-driven interest in measuring all aspects of the patient experience. Surveys are fine (when done well) but they must be done scientifically and augmented with other methods.

Doctors' Offices, Clinics, and Hospitals: toward better patient listening and better patient experiences!

Sources

1. [Association Between Medicare Summary Star Ratings for Patient Experience and Clinical Outcomes in US Hospitals](#). Stephen Trzeciak, John P Gaughan, Joshua Bosire, & Anthony J Mazzairelli. *Journal of Patient Experience*, Apr 2016.
2. [Hospital Consumer Assessment of Healthcare Providers and Systems \(HCAHPS\)](#). Centers for Medicare & Medicaid Services, Baltimore, MD. Accessed 7/15/19.
3. [Hard Internet Truths: 34,748 Online Reviews Reveal What Patients Really Want from Doctors](#). Ron Harman King, Jonathan Stanley, & Neil Baum. *Journal of Medical Practice Management*, Mar-Apr 2016.

About

Interaction Metrics is a Customer Experience agency. Our surveys, interviews, and other research methods are the most science-forward (yet cost-effective) in the industry.

